

# The Lamb of God Chronicle

December 2009

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### REFLECTIONS... Dealing with Depression [with a score of 18...]

I have been 'feeling down' of late, in fact quite down, depressed. I have had this in the past but not frequently or severe excepting for several months following the deaths of our children. The reason at those times was of course obvious to all, including to me, and only time and a careful working through of dozens of 'why' questions could bring a slow moving away from what seemed like a precipitous slope to blackness and despair.

Since those days I have occasionally slipped into feeling depressed for short periods and for a variety of reasons, some understood, some never understood. But I have made it through. In these occasional low times I have discovered something that has been helpful. I have talked about it and have declared it at the community gathering. When declaring it to my community family I have always felt better within days. I have not asked for help excepting some quiet personal prayer, in fact I have usually said something like 'Before I give this talk today I want to share with you that I am going through a low patch, a bit of depression. I would appreciate if you could pray for me when you get home but please do not bombard me with 'words' or Scriptures. Okay let's turn to .....'. However I have never presided or led a community gathering if I have felt low or depressed. Several times I have asked for release from leading as our leaders have prayed for the upcoming meeting, on occasion with just minutes before start time. It seems to me it's no joy being at a meeting when Mr Glum, looking sad and feeling maybe angry at being there, says 'let's sing another happy song...' Not good!

However, this time it has lasted longer and been fairly intense. Yes I have shared with members of our council and with the brothers and sisters in my house group- but I know I have also avoided letting people too close. Maybe because things are seemingly complex within me right now. I do not know. But I was pious. I told myself that everyone is busy as we move into the often frantic Christmas season and I have not wanted to impose on people's time- but that was really a 'stay away from me' mechanism, a mistake. Anyway- I think I am, or have, lifted out now.

Why do I share this? It was just an hour ago I decided to write about depression. Not a nice or uplifting topic but a reality for thousands, including many Christians. I even did an internet 'self test' this time and was completely honest with my answers. I scored an 18, putting me in the category of 'not depressed, but heading that way'. Interestingly you are advised to go talk to someone if your score is 23 or over. Wow- if that is near to being correct then those scoring in the highest category of 31+ must really be in the depths!

I trust what I share will be helpful to some in the Lamb of God, and to our pastoral leaders. With several hundred families there WILL be members right now in some degree of depression and dealing with it is at times is not easy. We will also have many caring pastoral leaders who are aware that friends are struggling with depression. You need deal with these matters with sensitivity, not with an inappropriate 'pull your socks up' and a bombardment of Scriptures. I also know it is not easy to know how to get alongside a brother or sister in depression. They often project 'stay away' [just like me of late] and inside you can feel I don't need that on my plate right now. The bottom line is we should care, we must care, but we need God's wisdom as to how to care.

You will note we have included a workshop at Summer Oasis entitled 'Dealing with Depression'. We made that decision several months ago. But now I am more aware than ever of the importance of giving that workshop to youth in a careful and sensitive manner. I will be praying for Mike and Andrea as they prepare their workshop.

If you are struggling, my advice is share it with your house group leader; and to house group leaders I say - be sensitive, be caring, listen before you give any advice. And I close by saying to any of you suffering depression, and you just don't know what to do and have no confidence to talk it over with a branch leader- please feel free to give me a confidential call [03 383 2631 or email [Lamb\\_of\\_God@clear.net.nz](mailto:Lamb_of_God@clear.net.nz)] and if I can help- you got it.

Roger Foley: Senior Coordinator

## OUR PEOPLE...

### **Congratulations!**

- To Jemima Rebello and Denver Saldanha [both from Auckland] for receiving Certificates of Distinction in the 2009 New Zealand Economics Competition conducted by the University of Auckland.
- To Clarese Caballes [Auckland] - diligence award, first in Religious Education, academic excellence in maths and science, the top academic student in Year 11.

### **With sadness, yet confidence in the Lord, we remember:**

- Chris Ashton-Grieve [Christchurch] as Chris' father has died.
- Allan & Sharmilla Carvalho [Auckland] as Allan's mum has gone to the Lord.

**[Note to all Branch leaders: Please send your local news/snippets to Roger Foley or Tom Caballes so that we can acknowledge important occasions in the lives of our brothers and sisters and make sure we do not miss any of them.]**

## NEWS AND ARTICLES

### **Hawke' Bay Men's Retreat**

No matter how often you drag yourself off to yet another Christ focused day or weekend, God still meets you there. I think it's when you're really tired or least inclined to put your time aside for some bit of time with God that He always seems to be encouraging, loving and of course challenging. Our men's retreat to Taupo (11-13 Sep) was just that. Once again I was convicted of the need for a quiet time (one where I shut up and just listen), to get our family prayers and Sabbath Meals more regular. Proverbs 3:5 from the 'Message' Bible really spoke to me; "Trust God from the bottom of your heart; don't try to figure out everything on your own. Listen for God's voice in everything you do, everywhere you go; He's the one who will keep you on track. Don't assume that you know it all. Run to God! Run from evil! Your body will grow in health; your very bones will vibrate with life! Honour God with everything you own; give Him the first and the best. Your barns will burst; your wine vats will brim over. But don't, dear friend, resent God's discipline; don't sulk under His loving correction. It's the child He loves that God corrects; a fathers' delight is behind all this." Amen, I needed that weekend.

Terry Greig

### **Mike and Philomena Lobo - Thanks!**

We said goodbye to Mike and Philomena Lobo this year. They joined the Lamb of God community back in 1990. They requested time away from the community at the beginning of this year to deal with a number of personal issues and business needs.

Mike has been an Auckland elder for many years and Philomena has served on the Auckland women's leadership team, both have also served nationally with Mike on the National Council and Philomena on the National Women's Leadership Team. We thank them for their years of service to the community, Mike having ably lead worship, taught, and prayed for healing for many members over the years.

Last month they requested to be released from their covenant and the Auckland Elders blessed them as they both became members of the Auckland Catholic Charismatic Renewal service team. May God bless them in their new area of service.

### **Urgent Prayer Needed For Malaysian Community**

We have ten people [yes- ten] from the Covenanted for Christ Community, Penang, Malaysia, all wanting to join us for Summer Oasis. But - EVERY flight to New Zealand is fully booked and they have been told there are no available seats until into March. Crazy eh? So they are wait-listed and have been now for over two months. In the natural it is not looking hopeful, so we need some supernatural help! Please will you join us in prayer for ten cancellations to be offered to Covenanted for Christ Community?



Photos from the recently concluded Children's LISS in Auckland

## Spring Rain - Wellington Branch Ladies Retreat

Spring Rain was the theme for our retreat and just like spring rain, we all came out of it feeling refreshed and energised but most importantly sensing God's immense love radiating from our fellow sisters.

What do you get when you combine sisters from the Wellington Branch with the wisdom of the sisters from Auckland and Napier as well as a large dose of teachings on prayer? And that is a wholesome day of prayer, reflections, learning and basking in the joy of sisterhood and the love of God are what you get and that happened at the Wellington branch Ladies Retreat held at the St Gerard's Monastery last November 15. While it was a typical blustery and windy day in Wellington, inside the monastery was an atmosphere of peace, calm and love as the sisters listened to the two talks on prayer by Dan Keating. We were privileged to have Mhel Caballes from Auckland and Karen Geelen from the Hawke's Bay branch, who lead us in the day's activities and shared the blessings they received from the Lord during their family and personal prayer time. A highlight of the day was being prayed over by Mhel and Karen regarding the concerns of the sisters about prayer. It was a blessing to have sisters you can share with and pray for each other. Of course, sisters being sisters, the whole retreat had the feminine touch - from the pink coloured name tags to the spring flowers scattered around the room, to the Joy Spots, and the Pamper Time (a big surprise!) which culminated the day.

And if you want to know what Joy Spots and Pampering Time are, you'll have to ask Karen from the Hawke's Bay Branch.  
Rose Buladaco



**Photos from the Men's and Women's Retreats and Fellowship in Wellington  
Nov.14-15, 2009**



**Some more photos from the recent Fiji Mission Trip**

## CHALLENGES IN LIVING TOGETHER AS COMMUNITY

### Resource for House Group Discussion by Tom Caballes

### “Running the Race”

### December 2009

*“...Run, then, in such a way as to win the prize.” [1 Corinthians 9:24]*

Our Christian walk has been frequently compared to running the race. We would look at the different aspects of running a race – and how it applies to our Christian Living.

#### **Scriptural References:**

1 Corinthians 9:24-27; Philippians 3:13-14; Hebrews 12:1; 1 Timothy 6:12; 2 Timothy 2:5.

1. Preparation, Planning, Dedication and Sacrifice – runners who are determined to finish the race and win put tremendous amount of work in training, preparing, planning and sacrificing for the race they enter into. They know they cannot win the prize unless they are not ready or fit for the race. For us, we are called to a life of prayer, Scripture, community and service to our brothers and sisters – the essential disciplines in our daily walk with God. All these prepare us to for our finish line: eternal life with God.

2. The Less Weight We Carry, the Better – Athletes carry only what is absolutely essential for their activity; they know having any additional nonessentials will only be a burden for them. For us, *sin clings to us so tightly* [Hebrews 12:1]. Old habits, old relationships and old ways of thinking can be burdensome for us in our walk with God.

3. Forget what is behind and look forward to what is ahead – Runners usually do not look back during the race. For us, we need to leave our past behind [our old life, relationships, sinful habits, our old thoughts, memories and ways of thinking] and strive to *“forget what is behind me and do my best to reach what is ahead.”* [Philippians 3:13]

4. Running Together as a Group – A runner is always aware where other runners are; they help him or her to run the right paths; we are called to run with a particular group, as a community. Brothers and sisters help us when we lose focus, encourage us when we tire or want to give up, and they cheer us on to finish the race – and we do so to them as well. We are also called to run a relay race – we are called to pass on our faith and way of life to the next generation.

5. Fix Our Eyes on the Finish Line and Run to Win the Prize – Runners learn to pace themselves so that they can finish the race; they do not start as fast as possible then give up sometime later. For us, we need to pace ourselves in our Christian walk by taking time for rest and recreation, having fun time together with our families and our brothers and sisters and make sure we do not burn out in service.

6. Dangers: Disqualification [Not Following the Rules, Short Cuts, Getting Off track] and Giving Up – Runners are always aware that if they are not careful, they can get disqualified by disobeying rules, taking short cuts or getting off track. There is always a temptation to give up the race and just walk out. As Christians, we need to be aware that we can also get “disqualified” by living in serious sin, not forgiving others and keeping grudges and resentments in our hearts. When times are tough and when the “tyre meets the road,” we can give up and go back to our old ways of living.

#### **For Personal Reflection:**

1. What ‘nonessential weights’ do we carry around all the time?
2. What prevents us from leaving our past behind? Is there anything that is holding us back?
3. Are we able to pass on our faith to the next generation?
4. Do we ‘pace ourselves’ in our Christian life and prevent ourselves from suffering burnout?
5. What dangers are we facing that can cause us to be ‘disqualified’ in our Christian walk?
6. Are our eyes fixed on the finish line? Have we decided to finish our race, come hell or high waters?

## KAIROS NEW ZEALAND YOUTH NEWS

### Summer Oasis 2010



Something big is on the horizon... Summer Oasis 2010! We will expect some international speakers, guests and participants from Europe, Asia and Fiji! Make sure you are able to come from January 10-14 plus January 15-16 for the leaders' training.

Our theme for 2010: **"For Such A Time as This..." from Esther 4:14:**

*For if you keep silent at this time, relief and deliverance will rise for the Jews from another place, but you and your father's house will perish. And who knows whether you have not come to the kingdom for such a time as this?"*

More details and rego forms are available on the website: [www.kairossp.com](http://www.kairossp.com) and then go to Summer Oasis 2010 Registration.

#### Kairos New Zealand Schedule of Events – 2009

Dec 11	Kairos Christmas Party	Auckland
Jan 10-14	Summer Oasis 2010	Christchurch
Jan 15-16	S/O Leaders Training	Christchurch
Jan 17-27	Men's Summer Household	Auckland

### WEB SITES WORTH NOTING

KAIROS South Pacific Web Site – go take a look ...

Check it out at- [www.kairossp.com](http://www.kairossp.com)

You can network and chat with other young people by going to this website:

<http://www.kairossp.com/kairosspnzchatroom.htm>

We designated every Friday night at 10pm as a time to meet other young people.

[Sign up \[free\] for Youth Culture Newsletter .....](#)

The most recent edition of the Youth Culture Newsletter is now available online. It will no longer be sent to you via the Lamb of God e-mail list but you can get it at this link-

<http://www.kairos-na.org/youthculturenewsletter.htm>

This is a recommended Sword of the Spirit publication for youth and parents.

## Living Bulwark Sword of the Spirit - Recommended!

This Sword of the Spirit on-line publication has received more than 43,000 visits (an average of 135 visits each day) in its first year. All back issues for the past 12 months can be found at: <http://www.swordofthespirit.net/bulwark/archives.htm>. The current issue of the online magazine can be seen at: [www.swordofthespirit.net/bulwark/index.html](http://www.swordofthespirit.net/bulwark/index.html) .

New Lamb of God website! Visit and bookmark:

[www.lambofgodcommunity.net](http://www.lambofgodcommunity.net)

### **SENDING NEWS FOR CHRONICLE PUBLICATION**

Branches are encouraged to email news, photos, happenings and snippets to Tom Caballes at [josehomascaballes@gmail.com](mailto:josehomascaballes@gmail.com). Each issue is closed around the 20<sup>th</sup> of the month.

### **IMPORTANT NOTICE ABOUT OUR RECORDS**

Membership Records and Data: Branch leaders are responsible to keep updated records and then email all new attendee additions, deletions, address and phone changes, births, deaths, transfers, etc to -

Tom Caballes [josehomascaballes@gmail.com](mailto:josehomascaballes@gmail.com)  
and copy to [Lamb\\_of\\_God@clear.net.nz](mailto:Lamb_of_God@clear.net.nz)

### **BIRTHDAY INFORMATION**

[day and month, but year is optional] Branch leaders are asked to keep updated records and email all new attendee additions to -

Tom Caballes [josehomascaballes@gmail.com](mailto:josehomascaballes@gmail.com)

### **GETTING CHRONICLE & OTHER NEWS BY EMAIL**

[1] If you are receiving this as an electronic edition, we just need hear if and when you change your email address. Notify [Lamb\\_of\\_God@clear.net.nz](mailto:Lamb_of_God@clear.net.nz).

[2] If you are receiving this by hard copy but you have an email address, please send your email address to [Lamb\\_of\\_God@clear.net.nz](mailto:Lamb_of_God@clear.net.nz).

[3] The Chronicle has a national and international mailing schedule. If you know of others wishing to be added, notify [Lamb\\_of\\_God@clear.net.nz](mailto:Lamb_of_God@clear.net.nz).

## **2010 FIJI MISSION-REGISTER NOW AS CLOSE OFF DATE IS BROUGHT FORWARD TO MARCH**

**Planning has commenced** for the 2010 Encounter Jesus Mission trip to Fiji & our accommodation at the Coral Coast Christian Centre is already booked.

**This trip will include** a twelve day Mission Trip comprising formation, leadership training, learning teamwork and practical living skills, and giving service in mission and works of mercy in local situations. It will include a combined weekend retreat with our brothers and sisters from the Patmos Community, and working with the Lamb of God Nadi Community.

**Departure date** Thursday 23 September [school holidays start next day]  
**Return date** Tuesday 5 October, within the school holidays

**Accommodation will be at a premium** and we are ideally looking to sign up a numerically balanced team of brothers and sisters.

### **What is the cost likely to be?**

We will again equalize costs so everyone pays the same regardless of location. This will include a small levy towards extending the supervisory team to four. At this point [without applying any fundraising] please budget on \$1,600 per person. That means setting aside just over \$30.00 a week from now! I will even save it for you if you send it to me!

**To date we have 5 guys and 3 girls signed up!**

If you wish to advance register please advise *now* by calling Christchurch 383 2631, or mobile 021 817 232, or email to [Lamb\\_of\\_God@clear.net.nz](mailto:Lamb_of_God@clear.net.nz)

### *Birthdays for December*

<b>SURNAME</b>	<b>NAME</b>	<b>BIRTHDAY</b>	<b>BRANCH</b>
Amaral	Samantha	01/12	Auckland
Lamont	John	01/12	Blenheim
Walker	Rebekah	02/12	Blenheim
Fredericks	Chris	03/12	Blenheim
Misquita	Althea	04/12	Auckland
Taylor	David	04/12	Central
Tham	John	04/12	Auckland
Saldanha	Alfred	04/12	Auckland
Blackwell	Ron	05/12	Nelson
McKenzie	Jonathan	07/12	Christchurch
Rebello	Jemima	07/12	Auckland
Garrett	Kirsty-Lee	09/12	Blenheim
Lim Kwan	Danielle	09/12	Auckland
Martis	Rachael	09/12	Auckland
Antao	Chrisanne	10/12	Auckland
Black	Andrew	10/12	Christchurch
Lewis	Lynn	11/12	Auckland
O'Malley	Nicola	11/12	Central
Rea	Father John	11/12	Christchurch
Fernandes	Aly	12/12	Central
D'Souza	Ben	13/12	Auckland
Powick	Sharon	13/12	Nelson
D'Souza	Alwin	15/12	Auckland
Geelen	Karen	15/12	Central
Hall	Evelyn	15/12	Auckland
Kay	Niul	15/12	Christchurch
Sequeira	Jaime	16/12	Christchurch
Carvalho	Hilary	18/12	Auckland
Afamasaga	Pogia	19/12	Central
Fonseca	Christine	19/12	Auckland
Jeremiah	Afamasaga	19/12	Central
Saldanha	Amanda	20/12	Auckland
Caballes	Tom	21/12	Auckland
Aberhart	David	22/12	Blenheim
Fonseca	Dinesh	22/12	Auckland
Lobo	Mike	22/12	Auckland
Masara	Sisilia	22/12	Christchurch
Lobo	Cheryll	23/12	Auckland
Afamasaga	Anitelea	26/12	Central
Stoddard	Peter	26/12	Auckland
Hollingsworth	Dennis	28/12	Auckland
Foley	Veronica	29/12	Christchurch
Mathetha	Abel	29/12	Blenheim
Misst	Marinelle	29/12	Auckland
Murray	Nathan	29/12	Christchurch

### *Wedding Anniversaries for the Month of December*

<b>SURNAME</b>	<b>NAMES</b>		<b>DATE</b>	<b>BRANCH</b>
Pinto	Ajit	Patricia	03/12	Auckland
Geneta	Apollo	Leah	04/12	Central
Humphries	Darren	Julie	04/12	Christchurch
Pereira	Clarence	Fleurette	04/12	Auckland
Coutinho	Neville	Karyn	06/12	Auckland
Namay	Rico	Rhea	08/12	Central
Cullimore	Mike	Carol	10/12	Blenheim
Mathetha	Abiot	Zodwa	10/12	Blenheim
Blackwell	Ron	Jacqui	11/12	Nelson
D'Souza	Allan	Pam	14/12	Auckland
Lobo	Mike	Philo	15/12	Auckland
Intervencion	Jovial	Wyeth Karolyn	18/12	Southern
McElhinney	Bill	Jenny	19/12	Blenheim
Briguera	Jun	Angie	20/12	Central
Donald	Bruce	Cherylyn	22/12	Auckland
Dalgado	Peter	Jacinta	26/12	Auckland
Saldanha	Chris	Shalini	27/12	Auckland
Franswah	Lovlin	Honorine	28/12	Auckland
Misquita	Cosmos	Marisa	28/12	Auckland
McCormick	Kevin	Mary	29/12	Auckland
Simento	Keith	Rose	29/12	Auckland
D'Santos	Ralph	Priscilla	30/12	Auckland
Saldanha	Alfred	Iris	30/12	Auckland

### **PRAYERWATCH: SOLDIERS OF CHRIST, ARISE**

Another year has almost disappeared as we once again approach Christmas and the summer holiday period and look at the impact this will have on the Prayerwatch. Some things to remember especially if we are away from home is to let those before and after us on the Watch know we will not be making contact or today as most have a mobile phone we could look at texting to pass on the watch. As the life of the "Lamb of God" slows down at this time of the year and we do not have our usual contact with our house groups and other meetings we are involved in we could let our commitment to the Prayerwatch be more relaxed as we get out of our usual routine. Does Satan go on holiday like we do or can we count on him perhaps to try harder to disrupt our journey with Jesus. Our hour on the Watch may be interrupted by what is happening around us so I urge you to keep up the commitment at a more suitable time. As this is a time of the year we are away from home and traveling more and are more relaxed it is important to keep up the Covering prayer especially to protect our homes and to ensure our travel is safe and without problems. The hour we spend on the Watch is very important and we need to maintain this commitment even as we take time out of our busy lives as we are still under attack.

As Paul warns us in **Ephesians 6: 10-12: *Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.***

Let us keep our armour close at hand and give some time this holiday season to ponder the birth of our Saviour and the message this has for our lives. Let us come more deeply under our Saviour's blessing this Christmas season and holiday time be a time of reflection and restoration.

If you have any comments or questions concerning the Prayerwatch then please send them to me at [alan.mckenzie@clear.net.nz](mailto:alan.mckenzie@clear.net.nz) or give them to one of your branch leaders to send to me.

God bless and watch over you all. Alan McKenzie, National Coordinator - Prayerwatch

## **LAMB OF GOD PRAYERWATCH - PRAYER INTENTIONS**

### **SPIRITUAL WARFARE**

Against strongholds of Apathy, Witchcraft, Confusion and other named spirits.

### **INTERCESSORY PRAYER**

**COMMUNITIES** Protect and bless the life and mission of SWORD OF THE SPIRIT, Patmos Community & Lamb of God Nadi, [Fiji], Vanuatu Group, Light of Christ, [Nelson], The Covenanted Community For Christ, [Penang & Taiping], Protect and bless their life and mission.

### **FAMILY**

**Auckland:** Keith & Rohini Lewis, Jo & Anila Collins, Gladys Gomes, Bernie MacNevin, Peter Celestine, Yvonne D'Souza, Basil & Reena Fernandes, Ivan & Sheila D'Souza, Joseph & Teresa Gomes, Elizabeth Locke, Dominic, Sandra & Francis Rajkumar, Wayne & Michelle Cammell, Caedmon & Nicky Rebello, Lionel & Carol D'Souza, Alwin & Mira D'Souza,

**Central:** Orencio & Riza Gueco, Jun & Angie Briguera, Cutie Zalamea, Rose Buladaco,

**Blenheim:** Jamie & Judith Rodgers, Mark & Mary Jackson, Mike & Cheryl Garrett,

**Christchurch:** Roger & Veronica Foley, Robert & Karen Van Doorn, Darren & Julie Humphries, Bev Cummins, Philip & Alison Middlemiss, Lesley Tilston, Bernard & Andrea Forster,

**Southern:** John & Janet MacManus, Richard & Christine May,

### **HEALING CANCER**

**Auckland:** Christine Pinto, **Central:** Bryan Scoullar, **Blenheim:** Carol Cullimore, David Aberhart, **Christchurch:** Margaret Considine, Fr Paul Duncan, Vivienne van Gerwen,

### **HEALING HEART**

**Auckland:** Alfred Saldanha, Maria dos Anjos D'Souza, **Central:** Paul Oliver, **Blenheim:** Chris Fredericks, **Christchurch:** Dorelle Ham, Undine Cavanagh, Philip Middlemiss, Chris O'Connell,

**HEALING**

**Auckland:** Thomas Hong, Edward D'Souza, Ceejay Rodrigues, TJ Brown & Samuel, Elise D'Souza, Valerie Menezes, Cheryl Lobo, Kati Cammel, Jesse & Peter Delgado, Fatima Joy, Audrey Cabral, Collin & Vimath Sequeira, Ruby Lowe, Tili Leatitagaloa, Philomena Lobo, Susan Dias, Lovlin Franswah, Sheila D'Souza, Cynthia Braganza, Dorothy Fernandez, Manuel Lobo, Joel Tham, Nathan Coutinho, Dominic Braganza, Alwin D'Souza, Maureen Lowe, Grace Collins, Sean & Teresa Joseph, Teresa D'Souza, Annette Carvalho, Winona D'Costa, Glynnis Fernandes, Marinelle Misst, Olivia Fernandes,

**Central:** Stephanie O'Connell, Raphael (Bubbles) Rufino, Alice Rufino, Sharon Powick, Michael Powick, Jacob Muollo, Henri & Cutie Zalamea,

**Blenheim:** Peter Greig, Josiah Grieg, Grace Weston, Mike Garrett, Micah Rodgers, Anita Fredericks, Jamie & Judith Rodgers,

**Christchurch:** Lisa Borkus, Karin Van Doorn, Chris Aston Grieve, Veronica Foley, David Black, Siobhan Forster, Andrea Forster, Catherine Roberts, Andrew Black,

**Southern:** Fr Merv McGettigan, Daniel MacManus, Steven & Judy Homes & Family, Pat Forster, Michael Quigley,

**BEREAVEMENT**

**Auckland:** Manuel & Cheryl Lobo, Allan & Sharmilla Carvalho, **Central:** OG and Riza Gueco, **Blenheim:** Gail Price & Family, **Christchurch:** Chris Ashton-Grieve,

**OTHERS NEEDS**

**Auckland:** Keith & Rohini Lewis & Family, Mark & Elizabeth Stolten, Bradley Pinto, Bob Misst, Greg Hall, Christine Fonseca, Alwin D'Souza, Allen & Judy Carneiro,

**COVERING PRAYER**

National Council, Kairos Ministries, Branch Life, Lamb of God Centre, Branch Visits, Clustering in Auckland, Ministry of Fr John Rea, Employment of Members, Light of Christ Special Ministry, Wellington branch [sickness among extended family], Ashburton Group, Summer Oasis 2010.

***"I have made you a Watchman" Ezekiel 33: 7***